


January 2025

Preble County Council on Aging 2025 Home Delivered Meals and Congregate Menu

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	31	1	2	3	4
Fall/Winter 5			 Sausage Roll Mashed Potatoes Creamed Corn Peaches Cranberry Raspberry Juice	Pepper Steak Rice Corn Peas Grape Juice	Salmon Patty Creamed Peas Stewed Tomatoes Mandarin Oranges Craisins	
5	6	7	8	9	10	11
6	Soup Beans w/ Ham & Onions Hashbrowns Mixed Greens Applesauce Fruit Punch	Orange Chicken Fried Rice Sugar Snap Peas Fruit Cocktail Craisins	Breakfast Casserole Baked Apples Creamed Corn Citrus Salad Treat	Meatloaf Mashed Potatoes Green Beans Peaches Apple Juice	Spaghetti Peas & Onions Mandarin Oranges Craisins	
12	13	14	15	16	17	18
1	Sausage Gravy Over Biscuit Baked Apples Fruit Salad Orange Juice Treat	Roast Beef w/ Gravy Red Potatoes Lima Beans Peaches Raisins	Chicken Pot Pie Broccoli Peas Tomato Juice	Hamburger Macaroni & Cheese Corn Mixed Fruit Grape Juice	Roast Pork w/ Gravy Mashed Potatoes Sauerkraut Applesauce Gelatin Craisins	
19	20	21	22	23	24	25
2	Beef & Noodles Mashed Potatoes Mixed Vegetables Tropical Fruit Raisins	Grilled Chicken Adobo Rice Succotash Pineapple Tidbits Apple Juice	Lasagna Broccoli Peaches Very Berry Juice	Country Fried Steak Mashed Potatoes Carrots Mixed Fruit Craisins	Crab Cakes Garden Rice Buttered Peas Fresh Fruit Orange Juice	
26	27	28	29	30	31	1
3	Hot Dog Baked Beans Buttered Corn Mandarin Oranges Cranberry Raspberry Juice	Chicken Salad Potato Salad Coleslaw Peaches Fruit Punch	Breaded Pork Tenderloin Parslied Potatoes Carrots Peas Craisins	Meatloaf Mashed Potatoes Green Beans Applesauce Very Berry Juice	Lemon Garlic Fish Rice Pilaf Far East Vegetables Plums Grape Juice	

NOTES

All Meals include Milk, Bread, and Butter

February 2025

Preble County Council on Aging 2025 Home Delivered Meals and Congregate Menu

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	31	1
2	3	4	5	6	7	8
4	Smoked Sausage Mashed Potatoes Sauerkraut Mixed Fruit Very Berry Juice	Pot Roast Root Vegetables Mandarin Oranges Craisins	Roast Turkey w/ Gravy Stuffing Prince Charles Vegetables Cranberry Sauce Very Berry Juice	Chili Baked Potato Broccoli Fruited Gelatin Raisins	Chicken & Dumplings Mashed Potatoes Normandy Vegetables Fresh Fruit Fruit Punch	
9	10	11	12	13	14	15
5	Creamed Chicken over Biscuit Scandinavian Vegetables Fruit Cocktail Orange Juice	Baked Ham Sweet Potatoes Brussel Sprouts Pears Apple Juice	Cabbage Roll Mashed Potatoes Green Beans Peaches Cranberry Raspberry Juice	Pepper Steak Steamed Rice Buttered Corn Pears Grape Juice	Salmon Patty Creamed Peas Stewed Tomatoes Mandarin Oranges Craisins	
16	17	18	19	20	21	22
6	South Beans w/ Ham & Onions Honey Onions Apple Sauce Fruit Punch CLOSED	Orange Chicken Fried Rice Sugar Snap Peas Fruit Cocktail Craisins	Breakfast Casserole Baked Apples Creamed Corn Citrus Salad Treat	Meatloaf Mashed Potatoes Green Beans Peaches Apple Juice	Spaghetti Peas & Onions Mandarin Oranges Craisins	
23	24	25	26	27	28	1
1	Sausage Gravy Over Biscuit Baked Apples Fruit Salad Orange Juice Treat	Roast Beef w/ Gravy Red Potatoes Lima Beans Peaches Raisins	Chicken Pot Pie Broccoli Pears Tomato Juice	Hamburger Macaroni & Cheese Corn Mixed Fruit Grape Juice	Roast Pork w/ Gravy Mashed Potatoes Sauerkraut Applesauce Gelatin Craisins	
2	3	NOTES All Meals include Milk, Bread, and Butter				

March 2025

Preble County Council on Aging 2025 Home Delivered Meals and Congregate Menu

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
23	24	25	26	27	28	1
2	3	4	5	6	7	8
	Beef & Noodles Mashed Potatoes Mixed Vegetables Tropical Fruit Raisins	Grilled Chicken Adobo Rice Succotash Pineapple Tidbits Apple Juice	Lasagna Broccoli Peaches Very Berry Juice	Country Fried Steak Mashed Potatoes Carrots Mixed Fruit Craisins	Crab Cakes Garden Rice Buttered Peas Fresh Fruit Orange Juice	
9	10	11	12	13	14	15
	Hot Dog Baked Beans Buttered Corn Mandarin Oranges Cranberry Raspberry Juice	Chicken Salad Potato Salad Coleslaw Peaches Fruit Punch	Breaded Pork Tenderloin Parslied Potatoes Carrots Pears Craisins	Meatloaf Mashed Potatoes Green Beans Applesauce Very Berry Juice	Lemon Garlic Fish Rice Pilaf Far East Vegetables Plums Grape Juice	
16	17	18	19	20	21	22
	Smoked Sausage Mashed Potatoes Sauerkraut Mixed Fruit Very Berry Juice	Pot Roast Root Vegetables Mandarin Oranges Craisins	Roast Turkey w/ Gravy Stuffing Prince Charles Vegetables Cranberry Sauce Very Berry Juice	Chili Baked Potato Broccoli Fruited Gelatin Raisins	Chicken & Dumplings Mashed Potatoes Normandy Vegetables Fresh Fruit Fruit Punch	
23	24	25	26	27	28	29
	Creamed Chicken over Biscuit Scandinavian Vegetables Fruit Cocktail Orange Juice	Baked Ham Sweet Potatoes Brussel Sprouts Pears Apple Juice	Cabbage Roll Mashed Potatoes Green Beans Peaches Cranberry Raspberry Juice	Pepper Steak Steamed Rice Buttered Corn Pears Grape Juice	Salmon Patty Creamed Peas Stewed Tomatoes Mandarin Oranges Craisins	
30	31	<p>NOTES</p> <p>All Meals include Milk, Bread, and Butter</p>				
	Soup Beans w/ Ham & Onions Hashbrowns Mixed Greens Applesauce Fruit Punch					
6						

April 2025

Preble County Council on Aging 2025 Home Delivered Meals and Congregate Menu

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31	1	2	3	4	5
		Orange Chicken Fried Rice Sugar Snap Peas Fruit Cocktail Craisins	Breakfast Casserole Baked Apples Creamed Corn Citrus Salad Treat	Meatloaf Mashed Potatoes Green Beans Peaches Apple Juice	Spaghetti Peas & Onions Mandarin Oranges Craisins	
6	7	8	9	10	11	12
Spring/Summer Menus start 1	Hot Dog Baked Beans Corn Mixed Fruit Raisins	Chicken Salad Potato Salad Pickled Egg & Beets Pears Apple Juice	Chili w/ Beans Baked Potato Broccoli Fruit Cocktail Grape Juice	Roast Pork w/ Gravy Parslied Potatoes Mixed Vegetables Peaches Craisins	Chicken & Dumplings Mashed Potatoes Peas & Carrots Tropical Fruit Salad Fruit Punch	
13	14	15	16	17	18	19
2	Swedish Meatballs Buttered Noodles Brussel Sprouts Pears Orange Juice	Chef Salad Ranch Dressing Peaches Raisins	Turkey w/ Gravy Stuffing Peas w/Onions Mandarin Oranges Very Berry Juice	Meatloaf Mashed Potatoes Green Beans Applesauce Gelatin Raisins	 Lemon Garlic Fish Rice Peas Fresh Fruit Orange Juice	
20	21	22	23	24	25	26
3	Smoked Sausage Mashed Potatoes Sauerkraut Applesauce Craisins	Ham & Cheese Sandwich Coleslaw 3 Bean Salad Pineapple Tidbits Cranberry-Raspberry Juice	Roast Beef w/Gravy Au gratin Potatoes Corn O'Brien Fruit Cocktail Apple Juice	Country Fried Steak w/ Gravy Mashed Potatoes Green Beans Peaches Grape Juice	Salmon Patty Creamed Peas Stewed Tomatoes Fresh Fruit Very Berry Juice	
27	28	29	30	1	2	3
4	Pepper Steak Rice Broccoli Pears Craisins	Spaghetti Vegetable Blend Mandarin Oranges Raisins	Baked Ham Sweet Potatoes Lima Beans Fruit Salad Grape Juice			
4	5	NOTES				
		All Meals include Milk, Bread, and Butter				

May 2025

Preble County Council on Aging 2025 Home Delivered Meals and Congregate Menu

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	1	2	3
4				Hamburger Baked Beans Corn Mixed Fruit Fruit Punch	Chicken Casserole Carrots Fresh Fruit Very Berry Juice	
4	5	6	7	8	9	10
5	Soup Beans w/Ham & Onions Hashbrowns Spinach Peaches Raisins	Tuna Salad Pasta Salad Tomato & Cucumbers Mixed Fruit Orange Juice	Sweet & Sour Chicken Fried Rice Far East Vegetables Citrus Salad Craisins	Meatloaf Mashed Potatoes Green Beans Fruited Gelatin Paradise Punch	Breaded Fish Garden Rice Vegetable Blend Pineapple Tidbits Craisins	
11	12	13	14	15	16	17
6	Grilled Chicken Macaroni & Cheese Prince Charles Vegetables Pears Raisins	Riblette Au gratin Potatoes Cauliflower Plums Apple Juice	Beef Manhattan (Mashed Potatoes) Broccoli Applesauce Very Berry Juice	Goulash Green Beans Fruit Salad Craisins	Breakfast Casserole Fried Apples Peaches Tomato Juice	
18	19	20	21	22	23	24
1	Hot Dog Baked Beans Corn Mixed Fruit Raisins	Chicken Salad Potato Salad Pickled Egg & Beets Pears Apple Juice	Chili w/ Beans Baked Potato Broccoli Fruit Cocktail Grape Juice	Roast Pork w/ Gravy Parslied Potatoes Mixed Vegetables Peaches Craisins	Chicken & Dumplings Mashed Potatoes Peas & Carrots Tropical Fruit Salad Fruit Punch	
25	26	27	28	29	30	31
2	 Swiss Meatballs Buttered Potatoes Braised Carrots Pears Orange Juice	Chef Salad Ranch Dressing Peaches Raisins	Turkey w/ Gravy Stuffing Peas w/Onions Mandarin Oranges Very Berry Juice	Meatloaf Mashed Potatoes Green Beans Applesauce Gelatin Raisins	Lemon Garlic Fish Rice Pilaf Broccoli Fresh Fruit Orange Juice	
1	2	NOTES All Meals include Milk, Bread, and Butter				

June 2025

Preble County Council on Aging 2025 Home Delivered Meals and Congregate Menu

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
3	Smoked Sausage Mashed Potatoes Sauerkraut Applesauce Craisins	Ham & Cheese Sandwich Coleslaw 3 Bean Salad Pineapple Tidbits Cranberry-Raspberry Juice	Roast Beef w/Gravy Au gratin Potatoes Corn O'Brien Fruit Cocktail Apple Juice	Country Fried Steak w/ Gravy Mashed Potatoes Green Beans Peaches Grape Juice	Salmon Patty Creamed Peas Stewed Tomatoes Fresh Fruit Very Berry Juice	
8	9	10	11	12	13	14
4	Pepper Steak Rice Broccoli Pears Craisins	Spaghetti Vegetable Blend Mandarin Oranges Raisins	Baked Ham Sweet Potatoes Lima Beans Fruit Salad Grape Juice	Hamburger Baked Beans Corn Mixed Fruit Fruit Punch	Chicken Casserole Carrots Fresh Fruit Very Berry Juice	
15	16	17	18	19	20	21
5	Soup Beans w/Ham & Onions Hashbrowns Spinach Peaches Raisins	Tuna Salad Pasta Salad Tomato & Cucumbers Mixed Fruit Orange Juice	Sweet & Sour Chicken Fried Rice Far East Vegetables Citrus Salad Craisins	Meatloaf Mashed Potatoes Green Beans Fruited Gelatin Paradise Punch	Breaded Fish Garden Rice Vegetable Blend Pineapple Tidbits Craisins	
22	23	24	25	26	27	28
6	Grilled Chicken Macaroni & Cheese Prince Charles Vegetables Pears Raisins	Riblette Au gratin Potatoes Cauliflower Plums Apple Juice	Beef Manhattan (Mashed Potatoes) Broccoli Applesauce Very Berry Juice	Goulash Green Beans Fruit Salad Craisins	Breakfast Casserole Fried Apples Peaches Tomato Juice	
29	30	1	2	3	4	5
1	Hot Dog Baked Beans Corn Mixed Fruit Raisins					
6	7	NOTES All Meals include Milk, Bread, and Butter				

July 2025

Preble County Council on Aging 2025 Home Delivered Meals and Congregate Menu

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	1	2	3	4	5
1		Chicken Salad Potato Salad Pickled Egg & Beets Pears Apple Juice	Chili w/ Beans Baked Potato Broccoli Fruit Cocktail Grape Juice	Roast Pork w/ Gravy Parslied Potatoes Mixed Vegetables Peaches Craisins	 Chicken & Dumplings Mashed Potatoes Parslied Potatoes Mixed Vegetables Peaches Craisins Fruit Punch	
6	7	8	9	10	11	12
2	Swedish Meatballs Buttered Noodles Brussel Sprouts Pears Orange Juice	Chef Salad Ranch Dressing Peaches Raisins	Turkey w/ Gravy Stuffing Peas w/Onions Mandarin Oranges Very Berry Juice	Meatloaf Mashed Potatoes Green Beans Applesauce Gelatin Raisins	Lemon Garlic Fish Rice Pilaf Broccoli Fresh Fruit Orange Juice	
13	14	15	16	17	18	19
3	Smoked Sausage Mashed Potatoes Sauerkraut Applesauce Craisins	Ham & Cheese Sandwich Coleslaw 3 Bean Salad Pineapple Tidbits Cranberry-Raspberry Juice	Roast Beef w/Gravy Au gratin Potatoes Corn O'Brien Fruit Cocktail Apple Juice	Country Fried Steak w/ Gravy Mashed Potatoes Green Beans Peaches Grape Juice	Salmon Patty Creamed Peas Stewed Tomatoes Fresh Fruit Very Berry Juice	
20	21	22	23	24	25	26
4	Pepper Steak Rice Broccoli Pears Craisins	Spaghetti Vegetable Blend Mandarin Oranges Raisins	Baked Ham Sweet Potatoes Lima Beans Fruit Salad Grape Juice	Hamburger Baked Beans Corn Mixed Fruit Fruit Punch	Chicken Casserole Carrots Fresh Fruit Very Berry Juice	
27	28	29	30	31	1	2
5	Soup Beans w/Ham & Onions Hashbrowns Spinach Peaches Raisins	Tuna Salad Pasta Salad Tomato & Cucumbers Mixed Fruit Orange Juice	Sweet & Sour Chicken Fried Rice Far East Vegetables Citrus Salad Craisins	Meatloaf Mashed Potatoes Green Beans Fruited Gelatin Paradise Punch		
3	4	NOTES All Meals include Milk, Bread, and Butter				

August 2025

Preble County Council on Aging 2025 Home Delivered Meals and Congregate Menu

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	31	1	2
5					Breaded Fish Garden Rice Vegetable Blend Pineapple Tidbits Craisins	
3	4	5	6	7	8	9
6	Grilled Chicken Macaroni & Cheese Prince Charles Vegetables Pears Raisins	Riblette Au gratin Potatoes Cauliflower Plums Apple Juice	Beef Manhattan (Mashed Potatoes) Broccoli Applesauce Very Berry Juice	Goulash Green Beans Fruit Salad Craisins	Breakfast Casserole Fried Apples Peaches Tomato Juice	
10	11	12	13	14	15	16
1	Hot Dog Baked Beans Corn Mixed Fruit Raisins	Chicken Salad Potato Salad Pickled Egg & Beets Pears Apple Juice	Chili w/ Beans Baked Potato Broccoli Fruit Cocktail Grape Juice	Roast Pork w/ Gravy Parslied Potatoes Mixed Vegetables Peaches Craisins	Chicken & Dumplings Mashed Potatoes Peas & Carrots Tropical Fruit Salad Fruit Punch	
17	18	19	20	21	22	23
2	Swedish Meatballs Buttered Noodles Brussel Sprouts Pears Orange Juice	Chef Salad Ranch Dressing Peaches Raisins	Turkey w/ Gravy Stuffing Peas w/Onions Mandarin Oranges Very Berry Juice	Meatloaf Mashed Potatoes Green Beans Applesauce Gelatin Raisins	Lemon Garlic Fish Rice Pilaf Broccoli Fresh Fruit Orange Juice	
24	25	26	27	28	29	30
3	Smoked Sausage Mashed Potatoes Sauerkraut Applesauce Craisins	Ham & Cheese Sandwich Coleslaw 3 Bean Salad Pineapple Tidbits Cranberry-Raspberry Juice	Roast Beef w/Gravy Au gratin Potatoes Corn O'Brien Fruit Cocktail Apple Juice	Country Fried Steak w/ Gravy Mashed Potatoes Green Beans Peaches Grape Juice	Salmon Patty Creamed Peas Stewed Tomatoes Fresh Fruit Very Berry Juice	
31	1	NOTES		All Meals include Milk, Bread, and Butter		

September 2025

Preble County Council on Aging 2025 Home Delivered Meals and Congregate Menu

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31 Start Fall/Winter Menu 1	1 Sausage Gravy Over Biscuit Baked Apples Mandarin Oranges Orange Juice CLOSED	2 Roast Beef w/ Gravy Red Potatoes Lima Beans Peaches Raisins	3 Chicken Pot Pie Broccoli Pears Tomato Juice	4 Hamburger Macaroni & Cheese Corn Mixed Fruit Grape Juice	5 Roast Pork w/ Gravy Mashed Potatoes Sauerkraut Applesauce Gelatin Craisins	6
7 2	8 Beef & Noodles Mashed Potatoes Mixed Vegetables Tropical Fruit Raisins	9 Crispy Chicken Adobo Sauce Sweet Potatoes Whipped Tidbits Apple Juice CLOSED	10 Lasagna Broccoli Peaches Very Berry Juice	11 Country Fried Steak Mashed Potatoes Carrots Mixed Fruit Craisins	12 Crab Cakes Garden Rice Buttered Peas Fresh Fruit Orange Juice	13
14 3	15 Hot Dog Baked Beans Buttered Corn Mandarin Oranges Cranberry Raspberry Juice	16 Chicken Salad Potato Salad Coleslaw Peaches Fruit Punch	17 Breaded Pork Tenderloin Parslied Potatoes Carrots Pears Craisins	18 Meatloaf Mashed Potatoes Green Beans Applesauce Very Berry Juice	19 Lemon Garlic Fish Rice Pilaf Far East Vegetables Plums Grape Juice	20
21 4	22 Smoked Sausage Mashed Potatoes Sauerkraut Mixed Fruit Very Berry Juice	23 Pot Roast Root Vegetables Mandarin Oranges Craisins	24 Roast Turkey w/ Gravy Stuffing Prince Charles Vegetables Cranberry Sauce Very Berry Juice	25 Chili Baked Potato Broccoli Fruited Gelatin Raisins	26 Chicken & Dumplings Mashed Potatoes Normandy Vegetables Fresh Fruit Fruit Punch	27
28 5	29 Creamed Chicken over Biscuit Scandinavian Vegetables Fruit Cocktail Orange Juice	30 Baked Ham Sweet Potatoes Brussel Sprouts Pears Apple Juice	1	2	3	4
5	6	NOTES				
All Meals include Milk, Bread, and Butter						

October 2025

Preble County Council on Aging 2025 Home Delivered Meals and Congregate Menu

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	1 Cabbage Roll Mashed Potatoes Green Beans Peaches Cranberry Raspberry Juice	2 Pepper Steak Steamed Rice Buttered Corn Pears Grape Juice	3 Salmon Patty Creamed Peas Stewed Tomatoes Mandarin Oranges Craisins	4
5	6 Soup Beans w/ Ham & Onions Hashbrowns Mixed Greens Applesauce Fruit Punch	7 Orange Chicken Fried Rice Sugar Snap Peas Fruit Cocktail Craisins	8 Breakfast Casserole Baked Apples Creamed Corn Citrus Salad Treat	9 Meatloaf Mashed Potatoes Green Beans Peaches Apple Juice	10 Spaghetti Peas & Onions Mandarin Oranges Craisins	11
12	13 Sausage Gravy Over Biscuit Baked Apples Fruit Salad Orange Juice Treat	14 Roast Beef w/ Gravy Red Potatoes Lima Beans Peaches Raisins	15 Chicken Pot Pie Broccoli Pears Tomato Juice	16 Hamburger Macaroni & Cheese Corn Mixed Fruit Grape Juice	17 Roast Pork w/ Gravy Mashed Potatoes Sauerkraut Applesauce Gelatin Craisins	18
19	20 Beef & Noodles Mashed Potatoes Mixed Vegetables Tropical Fruit Raisins	21 Grilled Chicken Adobo Rice Succotash Pineapple Tidbits Apple Juice	22 Lasagna Broccoli Peaches Very Berry Juice	23 Country Fried Steak Mashed Potatoes Carrots Mixed Fruit Craisins	24 Crab Cakes Garden Rice Buttered Peas Fresh Fruit Orange Juice	25
26	27 Hot Dog Baked Beans Buttered Corn Mandarin Oranges Cranberry Raspberry Juice	28 Chicken Salad Potato Salad Coleslaw Peaches Fruit Punch	29 Breaded Pork Tenderloin Parslied Potatoes Carrots Pears Craisins	30 Meatloaf Mashed Potatoes Green Beans Applesauce Very Berry Juice	31 Lemon Garlic Fish Rice Pilaf Far East Vegetables Plums Grape Juice	1
2	3	NOTES				
All Meals include Milk, Bread, and Butter						

November 2025

Preble County Council on Aging 2025 Home Delivered Meals and Congregate Menu

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	31	1
3						
2	3	4	5	6	7	8
4	Smoked Sausage Mashed Potatoes Sauerkraut Mixed Fruit Very Berry Juice	Pot Roast Root Vegetables Mandarin Oranges Craisins	Roast Turkey w/ Gravy Stuffing Prince Charles Vegetables Cranberry Sauce Very Berry Juice	Chili Baked Potato Broccoli Fruited Gelatin Raisins	Chicken & Dumplings Mashed Potatoes Normandy Vegetables Fresh Fruit Fruit Punch	
9	10	11	12	13	14	15
5	Creamed Chicken over Biscuit Scandinavian Vegetables Fruit Cocktail Orange Juice	Baked Ham Sweet Potatoes Brussel Sprouts Pears Apple Juice	Cabbage Roll Mashed Potatoes Green Beans Peaches Cranberry Raspberry Juice	Pepper Steak Steamed Rice Buttered Corn Pears Grape Juice	Salmon Patty Creamed Peas Stewed Tomatoes Mandarin Oranges Craisins	
16	17	18	19	20	21	22
6	Soup Beans w/ Ham & Onions Hashbrowns Mixed Greens Applesauce Fruit Punch	Orange Chicken Fried Rice Sugar Snap Peas Fruit Cocktail Craisins	Breakfast Casserole Baked Apples Creamed Corn Citrus Salad Treat	Meatloaf Mashed Potatoes Green Beans Peaches Apple Juice	Spaghetti Peas & Onions Mandarin Oranges Craisins	
23	24	25	26	27	28	29
1	Sausage Gravy Over Biscuit Baked Apples Fruit Salad Orange Juice Treat	Roast Beef w/ Gravy Red Potatoes Lima Beans Peaches Raisins	Chicken Pot Pie Broccoli Pears Tomato Juice	Hamburger Macaroni CLOSED Pears Mixed Fruit Grape Juice	Roast Pork w/ Gravy Mashed Potatoes Sauerkraut Applesauce Gelatin Craisins CLOSED	
30	1	NOTES	All Meals include Milk, Bread, and Butter			

December 2025

Preble County Council on Aging 2025 Home Delivered Meals and Congregate Menu

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	1	2	3	4	5	6
2	Beef & Noodles Mashed Potatoes Mixed Vegetables Tropical Fruit Raisins	Grilled Chicken Adobo Rice Succotash Pineapple Tidbits Apple Juice	Lasagna Broccoli Peaches Very Berry Juice	Country Fried Steak Mashed Potatoes Carrots Mixed Fruit Craisins	Crab Cakes Garden Rice Buttered Peas Fresh Fruit Orange Juice	
7	8	9	10	11	12	13
3	Hot Dog Baked Beans Buttered Corn Mandarin Oranges Cranberry Raspberry Juice	Chicken Salad Potato Salad Coleslaw Peaches Fruit Punch	Breaded Pork Tenderloin Parslied Potatoes Carrots Pears Craisins	Meatloaf Mashed Potatoes Green Beans Applesauce Very Berry Juice	Lemon Garlic Fish Rice Pilaf Far East Vegetables Plums Grape Juice	
14	15	16	17	18	19	20
4	Smoked Sausage Mashed Potatoes Sauerkraut Mixed Fruit Very Berry Juice	Pot Roast Root Vegetables Mandarin Oranges Craisins	Roast Turkey w/ Gravy Stuffing Prince Charles Vegetables Cranberry Sauce Very Berry Juice	Chili Baked Potatoes Mashed Potatoes Fruited Gelatin Peaches	Chicken & Dumplings Mashed Potatoes Normandy Vegetables Fresh Fruit Fruit Punch	
21	22	23	24	25	26	27
5	Creamed Chicken over Biscuit Scandinavian Vegetables Fruit Cocktail Orange Juice	Baked Ham Sweet Potatoes Brussel Sprouts Pears Apple Juice	Cabbage Soup Mashed Potatoes Peaches Craisins Cranberry Raspberry Juice	Pepper Steak Stewed Potatoes Mashed Potatoes Pears Grape Juice	Salmon Patty Creamed Peas Stewed Tomatoes Mandarin Oranges Craisins	
28	29	30	31	1	2	3
6	Soup Beans w/ Ham & Onions Hashbrowns Mixed Greens Applesauce Fruit Punch	Orange Chicken Fried Rice Sugar Snap Peas Fruit Cocktail Craisins	Breakfast Casserole Baked Potatoes Mashed Potatoes Craisins Citrus Salad	Meatloaf Mashed Potatoes Green Beans Peaches Apple Juice	Spaghetti Peas & Onions Mandarin Oranges Craisins	
4	5	NOTES				
6		All Meals include Milk, Bread, and Butter				