

Preble County Council on Aging 2022 Menu for HDM and Congregate Meal Program

2022

JANUARY

SUN	MON	TUE	WED	THU	FRI	SAT
26 1	27 Fall/Winter Menu	28	29	30	31	1
2 6	3 CLOSED	4 Smoked Sausage Mashed Potatoes Sauerkraut Pineapple Tidbits Very Berry Juice	5 Soup Beans w/ Ham & Onions Hash Browns Mixed Greens Applesauce Fruit Punch	6 Meatloaf Mashed Potatoes Green Beans Peaches Apple Juice	7 Salmon Patty Creamed Peas Stewed Tomatoes Mandarin Oranges Raisins	8
9 1	10 Sausage Gravy over a Biscuit Peas & Carrots Baked Apples Fruit Salad Treat	11 Roast Beef Red Potatoes Lima Beans Peaches Raisins	12 Chicken Pot Pie Corn Broccoli Pears Treat	13 Country Fried Steak w/ Gravy Mashed Potatoes Peas Apple Orange Juice	14 Roast Pork Hash Brown Casserole Buttered Cabbage Citrus Salad Craisins	15
16 2	17 Pepper Steak Garden Rice Far East Vegetables Pineapple Tidbits Raisins	18 Chicken Salad Potato Salad Pickled Beets & Egg Peaches Orange Juice	19 Lasagna Italian Green Beans Carrots Mixed Fruit Craisins	20 Chicken Casserole Peas Corn Pears Treat	21 Lemon Garlic Fish Rice Pilaf Sugar Snap Peas Fresh Fruit Grape Juice	22
23 3	24 Beef & Noodles Mashed Potatoes Mixed Vegetables Fruit Salad Apple Juice	25 Roast Turkey Stuffing Prince Charles Vegetables Cranberry Sauce Very Berry Juice	26 Hot Dog Baked Beans Corn Pears Cranberry Raspberry Juice	27 Meatloaf Mashed Potatoes Green Beans Applesauce Grape Juice	28 Tuna Noodle Casserole Carrots Winter Blend Vegetables Mandarin Oranges Treat	29
30 4	31 Sausage Hash Browns Hominy Applesauce Grape Juice	NOTES: **All meals come with Milk, Bread, and Butter**				

*Jeanne M Mbagwu, MA RD LD*

2022

## FEBRUARY

SUN	MON	TUE	WED	THU	FRI	SAT
30	31	1	2	3	4	5
4		Cream Chicken on a Biscuit Peas w/ Onions Cauliflower Fruit Cocktail Treat	Breaded Pork Tenderloin on a Bun Au gratin Potatoes Harvard Beets Peaches Apple Juice	Hamburger Macaroni & Cheese Green Beans Fruited Gelatin Raisins	Chili w/ Beans Baked Potato Broccoli Tropical Fruit Fruit Punch	
6	7	8	9	10	11	12
5	Chicken & Noodles Mashed Potatoes Mixed Vegetables Fruit Salad Craisins	Baked Ham Sweet Potato Brussel Sprouts Pears Apple Juice	Cabbage Roll Confetti Mashed Potatoes Peas Apricots Cranberry Raspberry Juice	Baked Spaghetti Italian Green Beans Corn Applesauce Gelatin Treat	Salisbury Steak Mashed Potatoes Winter Blend Vegetables Mixed Fruit Fruit Punch	
13	14	15	16	17	18	19
6	Orange Chicken Rice Broccoli Fruit Cocktail Craisins	Smoked Sausage Mashed Potatoes Sauerkraut Pineapple Tidbits Very Berry Juice	Soup Beans w/ Ham & Onions Hash Browns Mixed Greens Applesauce Fruit Punch	Meatloaf Mashed Potatoes Green Beans Peaches Apple Juice	Salmon Patty Creamed Peas Stewed Tomatoes Mandarin Oranges Raisins	
20	21	22	23	24	25	26
1	Sausage Gravy over a Biscuit Peas & Carrots Baked Apples Fruit Salad Treat	Roast Beef Red Potatoes Lima Beans Peaches Raisins	Chicken Pot Pie Corn Broccoli Pears Treat	Country Fried Steak w/ Gravy Mashed Potatoes Peas Apple Orange Juice	Roast Pork Hash Brown Casserole Buttered Cabbage Citrus Salad Craisins	
27	28	1	2	3	4	5
2	Pepper Steak Garden Rice Far East Vegetables Pineapple Tidbits Raisins					
6	7	NOTES: **All meals come with Milk, Bread, and Butter**				

2022

MARCH

SUN	MON	TUE	WED	THU	FRI	SAT
27	28	1	2	3	4	5
2		Chicken Salad Potato Salad Pickled Beets & Egg Peaches Orange Juice	Lasagna Italian Green Beans Carrots Mixed Fruit Craisins	Chicken Casserole Peas Corn Pears Treat	Lemon Garlic Fish Rice Pilaf Sugar Snap Peas Fresh Fruit Grape Juice	
6	7	8	9	10	11	12
3	Beef & Noodles Mashed Potatoes Mixed Vegetables Fruit Salad Apple Juice	Roast Turkey Stuffing Prince Charles Vegetables Cranberry Sauce Very Berry Juice	Hot Dog Baked Beans Corn Pears Cranberry Raspberry Juice	Meatloaf Mashed Potatoes Green Beans Applesauce Grape Juice	Tuna Noodle Casserole Carrots Winter Blend Vegetables Mandarin Oranges Treat	
13	14	15	16	17	18	19
4	Sausage Hash Browns Hominy Applesauce Grape Juice	Cream Chicken on a Biscuit Peas w/ Onions Cauliflower Fruit Cocktail Treat	Breaded Pork Tenderloin on a Bun Au gratin Potatoes Harvard Beets Peaches Apple Juice	Hamburger Macaroni & Cheese Green Beans Fruited Gelatin Raisins	Chili w/ Beans Baked Potato Broccoli Tropical Fruit Fruit Punch	
20	21	22	23	24	25	26
5	Chicken & Noodles Mashed Potatoes Mixed Vegetables Fruit Salad Craisins	Baked Ham Sweet Potato Brussel Sprouts Pears Apple Juice	Cabbage Roll Confetti Mashed Potatoes Peas Apricots Cranberry Raspberry Juice	Baked Spaghetti Italian Green Beans Corn Applesauce Gelatin Treat	Salisbury Steak Mashed Potatoes Winter Blend Vegetables Mixed Fruit Fruit Punch	
27	28	29	30	31	1	2
6	Orange Chicken Rice Broccoli Fruit Cocktail Craisins	Smoked Sausage Mashed Potatoes Sauerkraut Pineapple Tidbits Very Berry Juice	Soup Beans w/ Ham & Onions Hash Browns Mixed Greens Applesauce Fruit Punch	Meatloaf Mashed Potatoes Green Beans Peaches Apple Juice	Salmon Patty Creamed Peas Stewed Tomatoes Mandarin Oranges Raisins	
3	4	NOTES: **All meals come with Milk, Bread, and Butter**				

2022

APRIL

SUN	MON	TUE	WED	THU	FRI	SAT
27	28	29	30	31	1	2
6	Spring Summer Menu Starts on April 4th				Salmon Patty Creamed Peas Stewed Tomatoes Mandarin Oranges Raisins	
3	4	5	6	7	8	9
1	Smoked Sausage Mashed Potatoes Sauerkraut Applesauce Craisins	Chicken Salad Potato Salad Pickled Beets & Egg Apricots Apple Juice	Chili w/Beans Baked Potato Broccoli Fruit Cocktail Raisins	Country Fried Steak w/ Gravy Mashed Potatoes Green Beans Peaches Grape Juice	Salmon Patty Creamed Peas Stewed Tomatoes Banana Fruit Punch	
10	11	12	13	14	15	16
2	Corned Beef Hash Home Fries Carrots Pears Cranberry Raspberry Juice	Ham & Cheese Sandwich Picnic Salad 3 Bean Salad Pineapple Tidbits Orange Juice	Turkey w/ Gravy Stuffing Peas w/ Onions Mandarin Oranges Craisins	Meatloaf Mashed Potatoes Green Beans Applesauce Gelatin Grape Juice	CLOSED Good Friday	
17	18	19	20	21	22	23
3	Hot Dog Baked Beans Corn Mixed Fruit Very Berry Juice	Tuna Salad Macaroni Salad Cucumbers & Onions Applesauce Craisins	Roast Beef Augratin Potatoes Mixed Vegetables Fruit Cocktail Apple Juice	Roast Pork Parslied Potatoes Corn O'Brien Peaches Raisins	Lemon Garlic Fish Rice Pilaf Broccoli Pineapple Tidbits Orange Juice	
24	25	26	27	28	29	30
4	Swedish Meatballs Buttered Noodles Peas Pears Craisins	Roast Beef Sandwich Pasta Salad Carrot-Raisin Salad Fruit Salad Grape Juice	Baked Ham Sweet Potato Lima Beans Mandarin Oranges Raisins	Hamburger Baked Beans Corn Peaches Fruit Punch	Chicken Casserole Carrots Peas w/ Onions Fresh Fruit Treat	
1	2	NOTES: **All meals come with Milk, Bread, and Butter**				

2022

MAY

SUN	MON	TUE	WED	THU	FRI	SAT
1	2 Chicken Patty Macaroni & Cheese Prince Charles Blend Vegetables Pears Raisins	3 Ham Salad Pasta Salad Pea Salad Mixed Fruit Orange Juice	4 Sweet & Sour Chicken Fried Rice Far East Vegetable Blend Citrus Salad Craisins	5 Meatloaf Mashed Potatoes Green Beans Fruited Gelatin Grape Juice	6 Fish Farfalle w/ Alfredo Sauce Peas & Carrots Fruit Cocktail Apple Juice	7
8	9 Ham & Beans with Onions Hash Browns Spinach Peaches Raisins	10 SENIOR DAY	11 Pork Chop Parslied Potatoes Brussel Sprouts Applesauce Craisins	12 Goulash Corn Italian Green Beans Fruit Salad Treat	13 Chicken Enchilada Rice Broccoli Fresh Fruit Fruit Punch	14
15	16 Smoked Sausage Mashed Potatoes Sauerkraut Applesauce Craisins	17 Chicken Salad Potato Salad Pickled Beets & Egg Apricots Apple Juice	18 Chili w/Beans Baked Potato Broccoli Fruit Cocktail Raisins	19 Country Fried Steak w/ Gravy Mashed Potatoes Green Beans Peaches Grape Juice	20 Salmon Patty Creamed Peas Stewed Tomatoes Banana Fruit Punch	21
22	23 Corned Beef Hash Home Fries Carrots Pears Cranberry Raspberry Juice	24 Ham & Cheese Sandwich Picnic Salad 3 Bean Salad Pineapple Tidbits Orange Juice	25 Turkey w/ Gravy Stuffing Peas w/ Onions Mandarin Oranges Craisins	26 Meatloaf Mashed Potatoes Green Beans Applesauce Gelatin Grape Juice	27 BBQ Pork Riblet Macaroni & Cheese Buttered Cabbage Mixed Fruit Raisins	28
29	30 Closed	31 Tuna Salad Macaroni Salad Cucumbers & Onions Applesauce Craisins	1	2	3	4
5	6	<i>Jeanne M Mbagwu, MA RD LD</i>				
		NOTES:	**All meals come with Milk, Bread, and Butter**			

2022

JUNE

SUN	MON	TUE	WED	THU	FRI	SAT
29	30	31	1	2	3	4
3			Roast Beef Augratin Potatoes Mixed Vegetables Fruit Cocktail Apple Juice	Roast Pork Parslied Potatoes Corn O'Brien Peaches Raisins	Lemon Garlic Fish Rice Pilaf Broccoli Pineapple Tidbits Orange Juice	
5	6	7	8	9	10	11
4	Swedish Meatballs Buttered Noodles Peas Pears Craisins	Roast Beef Sandwich Pasta Salad Carrot-Raisin Salad Fruit Salad Grape Juice	Baked Ham Sweet Potato Lima Beans Mandarin Oranges Raisins	Hamburger Baked Beans Corn Peaches Fruit Punch	Chicken Casserole Carrots Peas w/ Onions Fresh Fruit Treat	
12	13	14	15	16	17	18
5	Chicken Patty Macaroni & Cheese Prince Charles Blend Vegetables Pears Raisins	Ham Salad Pasta Salad Pea Salad Mixed Fruit Orange Juice	Sweet & Sour Chicken Fried Rice Far East Vegetable Blend Citrus Salad Craisins	Meatloaf Mashed Potatoes Green Beans Fruited Gelatin Grape Juice	Fish Farfalle w/ Alfredo Sauce Peas & Carrots Fruit Cocktail Apple Juice	
19	20	21	22	23	24	25
6	Ham & Beans with Onions Hash Browns Spinach Peaches Raisins	Turkey & Cheese Sandwich Cole Slaw Italian Tomato Salad Pineapple Tidbits Cranberry Raspberry Juice	Pork Chop Parslied Potatoes Brussel Sprouts Applesauce Craisins	Goulash Corn Italian Green Beans Fruit Salad Treat	Chicken Enchilada Rice Broccoli Fresh Fruit Fruit Punch	
26	27	28	29	30	1	2
1	Smoked Sausage Mashed Potatoes Sauerkraut Applesauce Craisins	Chicken Salad Potato Salad Pickled Beets & Egg Apricots Apple Juice	Chili w/Beans Baked Potato Broccoli Fruit Cocktail Raisins	Country Fried Steak w/ Gravy Mashed Potatoes Green Beans Peaches Grape Juice		
3	4	NOTES: **All meals come with Milk, Bread, and Butter**				

2022

JULY

SUN	MON	TUE	WED	THU	FRI	SAT
26	27	28	29	30	1	2
1					Salmon Patty Creamed Peas Stewed Tomatoes Banana Fruit Punch	
3	4	5	6	7	8	9
2	Closed	Ham & Cheese Sandwich Picnic Salad 3 Bean Salad Pineapple Tidbits Orange Juice	Turkey w/ Gravy Stuffing Peas w/ Onions Mandarin Oranges Craisins	Meatloaf Mashed Potatoes Green Beans Applesauce Gelatin Grape Juice	BBQ Pork Riblet Macaroni & Cheese Buttered Cabbage Mixed Fruit Raisins	
10	11	12	13	14	15	16
3	Hot Dog Baked Beans Corn Mixed Fruit Very Berry Juice	Tuna Salad Macaroni Salad Cucumbers & Onions Applesauce Craisins	Roast Beef Augratin Potatoes Mixed Vegetables Fruit Cocktail Apple Juice	Roast Pork Parslied Potatoes Corn O'Brien Peaches Raisins	Lemon Garlic Fish Rice Pilaf Broccoli Pineapple Tidbits Orange Juice	
17	18	19	20	21	22	23
4	Swedish Meatballs Buttered Noodles Peas Pears Craisins	Roast Beef Sandwich Pasta Salad Carrot-Raisin Salad Fruit Salad Grape Juice	Baked Ham Sweet Potato Lima Beans Mandarin Oranges Raisins	Hamburger Baked Beans Corn Peaches Fruit Punch	Chicken Casserole Carrots Peas w/ Onions Fresh Fruit Treat	
24	25	26	27	28	29	30
5	Chicken Patty Macaroni & Cheese Prince Charles Blend Vegetables Pears Raisins	Ham Salad Pasta Salad Pea Salad Mixed Fruit Orange Juice	Sweet & Sour Chicken Fried Rice Far East Vegetable Blend Citrus Salad Craisins	Meatloaf Mashed Potatoes Green Beans Fruited Gelatin Grape Juice	Fish Farfalle w/ Alfredo Sauce Peas & Carrots Fruit Cocktail Apple Juice	
31	1	NOTES: **All meals come with Milk, Bread, and Butter**				

2022

AUGUST

SUN	MON	TUE	WED	THU	FRI	SAT
31	1	2	3	4	5	6
6	Ham & Beans with Onions Hash Browns Spinach Peaches Raisins	Turkey & Cheese Sandwich Cole Slaw Italian Tomato Salad Pineapple Tidbits Cranberry Raspberry Juice	Pork Chop Parslied Potatoes Brussel Sprouts Applesauce Craisins	Goulash Corn Italian Green Beans Fruit Salad Treat	Chicken Enchilada Rice Broccoli Fresh Fruit Fruit Punch	
7	8	9	10	11	12	13
1	Smoked Sausage Mashed Potatoes Sauerkraut Applesauce Craisins	Chicken Salad Potato Salad Pickled Beets & Egg Apricots Apple Juice	Chili w/Beans Baked Potato Broccoli Fruit Cocktail Raisins	Country Fried Steak w/ Gravy Mashed Potatoes Green Beans Peaches Grape Juice	Salmon Patty Creamed Peas Stewed Tomatoes Banana Fruit Punch	
14	15	16	17	18	19	20
2	Corned Beef Hash Home Fries Carrots Pears Cranberry Raspberry Juice	Ham & Cheese Sandwich Picnic Salad 3 Bean Salad Pineapple Tidbits Orange Juice	Turkey w/ Gravy Stuffing Peas w/ Onions Mandarin Oranges Craisins	Meatloaf Mashed Potatoes Green Beans Applesauce Gelatin Grape Juice	BBQ Pork Riblet Macaroni & Cheese Buttered Cabbage Mixed Fruit Raisins	
21	22	23	24	25	26	27
3	Hot Dog Baked Beans Corn Mixed Fruit Very Berry Juice	Tuna Salad Macaroni Salad Cucumbers & Onions Applesauce Craisins	Roast Beef Augratin Potatoes Mixed Vegetables Fruit Cocktail Apple Juice	Roast Pork Parslied Potatoes Corn O'Brien Peaches Raisins	Lemon Garlic Fish Rice Pilaf Broccoli Pineapple Tidbits Orange Juice	
28	29	30	31	1	2	3
4	Swedish Meatballs Buttered Noodles Peas Pears Craisins	Roast Beef Sandwich Pasta Salad Carrot-Raisin Salad Fruit Salad Grape Juice	Baked Ham Sweet Potato Lima Beans Mandarin Oranges Raisins			
4	5	NOTES: **All meals come with Milk, Bread, and Butter**				



2022

SEPTEMBER

SUN	MON	TUE	WED	THU	FRI	SAT
28	29	30	31	1	2	3
4	Fall Winter Start on September 5th			Hamburger Baked Beans Corn Peaches Fruit Punch	Chicken Casserole Carrots Peas w/ Onions Fresh Fruit Treat	
4	5	6	7	8	9	10
1	Closed	Roast Beef Red Potatoes Lima Beans Peaches Raisins	Chicken Pot Pie Corn Broccoli Pears Treat	Country Fried Steak w/ Gravy Mashed Potatoes Peas Apple Orange Juice	Roast Pork Hash Brown Casserole Buttered Cabbage Citrus Salad Craisins	
11	12	13	14	15	16	17
2	Pepper Steak Garden Rice Far East Vegetables Pineapple Tidbits Raisins	Chicken Salad Potato Salad Pickled Beets & Egg Peaches Orange Juice	Lasagna Italian Green Beans Carrots Mixed Fruit Craisins	Chicken Casserole Peas Corn Pears Treat	Lemon Garlic Fish Rice Pilaf Sugar Snap Peas Fresh Fruit Grape Juice	
18	19	20	21	22	23	24
3	Beef & Noodles Mashed Potatoes Mixed Vegetables Fruit Salad Apple Juice	Roast Turkey Stuffing Prince Charles Vegetables Cranberry Sauce Very Berry Juice	Hot Dog Baked Beans Corn Pears Cranberry Raspberry Juice	Meatloaf Mashed Potatoes Green Beans Applesauce Grape Juice	Tuna Noodle Casserole Carrots Winter Blend Vegetables Mandarin Oranges Treat	
25	26	27	28	29	30	1
4	Sausage Hash Browns Hominy Applesauce Grape Juice	Cream Chicken on a Biscuit Peas w/ Onions Cauliflower Fruit Cocktail Treat	Breaded Pork Tenderloin on a Bun Au gratin Potatoes Harvard Beets Peaches Apple Juice	Hamburger Macaroni & Cheese Green Beans Fruited Gelatin Raisins	Chili w/ Beans Baked Potato Broccoli Tropical Fruit Fruit Punch	
2	3	NOTES: **All meals come with Milk, Bread, and Butter**				

2022

OCTOBER

SUN	MON	TUE	WED	THU	FRI	SAT
25 4	26	27	28	29	30	1
2 1	3 Sausage Gravy over a Biscuit Peas & Carrots Baked Apples Fruit Salad Treat	4 Roast Beef Red Potatoes Lima Beans Peaches Raisins	5 Chicken Pot Pie Corn Broccoli Pears Treat	6 Country Fried Steak w/ Gravy Mashed Potatoes Peas Apple Orange Juice	7 Roast Pork Hash Brown Casserole Buttered Cabbage Citrus Salad Craisins	8
9 2	10 Pepper Steak Garden Rice Far East Vegetables Pineapple Tidbits Raisins	11 Chicken Salad Potato Salad Pickled Beets & Egg Peaches Orange Juice	12 Lasagna Italian Green Beans Carrots Mixed Fruit Craisins	13 Chicken Casserole Peas Corn Pears Treat	14 Lemon Garlic Fish Rice Pilaf Sugar Snap Peas Fresh Fruit Grape Juice	15
16 3	17 Beef & Noodles Mashed Potatoes Mixed Vegetables Fruit Salad Apple Juice	18 Roast Turkey Stuffing Prince Charles Vegetables Cranberry Sauce Very Berry Juice	19 Hot Dog Baked Beans Corn Pears Cranberry Raspberry Juice	20 Meatloaf Mashed Potatoes Green Beans Applesauce Grape Juice	21 Tuna Noodle Casserole Carrots Winter Blend Vegetables Mandarin Oranges Treat	22
23 4	24 Sausage Hash Browns Hominy Applesauce Grape Juice	25 Cream Chicken on a Biscuit Peas w/ Onions Cauliflower Fruit Cocktail Treat	26 Breaded Pork Tenderloin on a Bun Au gratin Potatoes Harvard Beets Peaches Apple Juice	27 Hamburger Macaroni & Cheese Green Beans Fruited Gelatin Raisins	28 Chili w/ Beans Baked Potato Broccoli Tropical Fruit Fruit Punch	29
30 5	31 Chicken & Noodles Mashed Potatoes Mixed Vegetables Fruit Salad Craisins	NOTES: **All meals come with Milk, Bread, and Butter**				

2022

NOVEMBER

SUN	MON	TUE	WED	THU	FRI	SAT
30	31	1	2	3	4	5
5		Baked Ham Sweet Potato Brussel Sprouts Pears Apple Juice	Cabbage Roll Confetti Mashed Potatoes Peas Apricots Cranberry Raspberry Juice	Baked Spaghetti Italian Green Beans Corn Applesauce Gelatin Treat	Salisbury Steak Mashed Potatoes Winter Blend Vegetables Mixed Fruit Fruit Punch	
6	7	8	9	10	11	12
6	Orange Chicken Rice Broccoli Fruit Cocktail Craisins	Smoked Sausage Mashed Potatoes Sauerkraut Pineapple Tidbits Very Berry Juice	Soup Beans w/ Ham & Onions Hash Browns Mixed Greens Applesauce Fruit Punch	Meatloaf Mashed Potatoes Green Beans Peaches Apple Juice	Salmon Patty Creamed Peas Stewed Tomatoes Mandarin Oranges Raisins	
13	14	15	16	17	18	19
1	Sausage Gravy over a Biscuit Peas & Carrots Baked Apples Fruit Salad Treat	Roast Beef Red Potatoes Lima Beans Peaches Raisins	Chicken Pot Pie Corn Broccoli Pears Treat	Country Fried Steak w/ Gravy Mashed Potatoes Peas Apple Orange Juice	Roast Pork Hash Brown Casserole Buttered Cabbage Citrus Salad Craisins	
20	21	22	23	24	25	26
2	Pepper Steak Garden Rice Far East Vegetables Pineapple Tidbits Raisins	Chicken Salad Potato Salad Pickled Beets & Egg Peaches Orange Juice	Lasagna Italian Green Beans Carrots Mixed Fruit Craisins	CLOSED	CLOSED	
27	28	29	30	1	2	3
3	Beef & Noodles Mashed Potatoes Mixed Vegetables Fruit Salad Apple Juice	Roast Turkey Stuffing Prince Charles Vegetables Cranberry Sauce Very Berry Juice	Hot Dog Baked Beans Corn Pears Cranberry Raspberry Juice			
4	5	NOTES: **All meals come with Milk, Bread, and Butter**				

2022

## DECEMBER

SUN	MON	TUE	WED	THU	FRI	SAT
27 3	28	29	30	1 Meatloaf Mashed Potatoes Green Beans Applesauce Grape Juice	2 Tuna Noodle Casserole Carrots Winter Blend Vegetables Mandarin Oranges Treat	3
4 4	5 Sausage Hash Browns Hominy Applesauce Grape Juice	6 Cream Chicken on a Biscuit Peas w/ Onions Cauliflower Fruit Cocktail Treat	7 Breaded Pork Tenderloin on a Bun Au gratin Potatoes Harvard Beets Peaches Apple Juice	8 Hamburger Macaroni & Cheese Green Beans Fruited Gelatin Raisins	9 Chili w/ Beans Baked Potato Broccoli Tropical Fruit Fruit Punch	10
11 5	12 Chicken & Noodles Mashed Potatoes Mixed Vegetables Fruit Salad Craisins	13 Baked Ham Sweet Potato Brussel Sprouts Pears Apple Juice	14 Cabbage Roll Confetti Mashed Potatoes Peas Apricots Cranberry Raspberry Juice	15 CLOSED Christmas Basket Delivery	16 Salisbury Steak Mashed Potatoes Winter Blend Vegetables Mixed Fruit Fruit Punch	17
18 6	19 Orange Chicken Rice Broccoli Fruit Cocktail Craisins	20 Smoked Sausage Mashed Potatoes Sauerkraut Pineapple Tidbits Very Berry Juice	21 Soup Beans w/ Ham & Onions Hash Browns Mixed Greens Applesauce Fruit Punch	22 Meatloaf Mashed Potatoes Green Beans Peaches Apple Juice	23 CLOSED	24
25 1	26 CLOSED	27 Roast Beef Red Potatoes Lima Beans Peaches Raisins	28 Chicken Pot Pie Corn Broccoli Pears Treat	29 Country Fried Steak w/ Gravy Mashed Potatoes Peas Apple Orange Juice	30 CLOSED	31
1	2	NOTES:	**All meals come with Milk, Bread, and Butter**			